



RONALD  
MCDONALD  
HOUSE  
London

## RMH London Kitchen Programs Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Holidays
								Stat Holiday Fridays/Mondays
6am								
7am								
8am						Weekend Café 6 to 11am	Weekend Café 6 to 11am	Holiday Café 6 to 11am
9am	9am to 1pm Baking & Healthy Snacks	9am to 1pm Baking & Healthy Snacks	9am to 1pm Baking & Healthy Snacks	9am to 1pm Baking & Healthy Snacks				
10am		House Lunch (small kitchen)	House Lunch (small kitchen)	House & FR Lunch				
11am								
12pm								
1pm								
2pm					Training 3rd Friday/Month			
3pm								
4pm	3pm - 7pm Dinner	3pm - 7pm Dinner	3pm - 7pm Dinner	3pm - 7pm Dinner	3pm - 7pm Dinner	3pm - 7pm Dinner	3pm - 7pm Dinner	3pm - 7pm Dinner
5pm								
6pm								
7pm	7:30 - 9:30pm Baking & Healthy Snacks	7:30 - 9:30pm Baking & Healthy Snacks	7:30 - 9:30pm Baking & Healthy Snacks	7:30 - 9:30pm Baking & Healthy Snacks	Training 3rd Friday/Month	7:30 - 9:30pm Baking & Healthy Snacks	7:30 - 9:30pm Baking & Healthy Snacks	7:30 - 9:30pm Baking & Healthy Snacks
8pm								
9pm								
10pm								

	# Volunteers	Bring	Prepare meals for:	
<b>Dinner at Our House</b>	6 to 10	all food	60 to 70 people	<b>Dinner Goal</b> 6 to 7 Dinners/week
<b>Healthy Snacks</b>	1 to 6	most ingredients	n/a	<b>Baked Goods Goal</b> 50% Healthy Snacks
<b>Baked Goods</b>	1 to 6	most ingredients	n/a	50% Baked Treats 4-6 of 9 slots booked/week
<b>Café - Baking</b>	4 to 8	most ingredients	n/a	<b>Café Goal</b> 1 to 2 Cafes/week
<b>Café - Breakfast/Brunch</b>	6 to 10	all food	50 people	Café every Holiday
<b>House &amp; FR Lunch</b>	4 to 8	some ingredients	30 to 60 servings (pilot project)	<b>Lunch Goal</b> House Lunch 2-3 days/week FR Lunch 2-4 times/month